

SCHEDULE

WOMEN'S RETREAT

Day Retreat

8:30-9:15	Arrival & Check-in
9:15-9:45	Teaching Video: "What Do You Do When You Want to Give Up?" 1 Kings 19:1-18
9:45-10:00	Break
10:00-10:25	Guided Scripture Meditation Video
10:25-10:40	Liturgy: "Weariness, Remembering, & Rest"
10:40-11:00	Worship Songs
11:00-11:15	Break
11:15-11:50	Small Group Discussion Questions
11:50-12:00	Prayer and Close
12:00	Lunch Retreat Ends



SCHEDULE

WOMEN'S RETREAT

Overnight Retreat | Friday 7 pm - Saturday 5 pm

FRIDAY NIGHT

5:30-7:00	Arrival and Check-in
7:00-7:30	Welcome and Weekend Overview
7:45-8:30	Icebreakers and/or Worship
8:30	Free Time/Snacks/Games

SATURDAY

8:30-9:15	Breakfast
9:15-9:45	Teaching Video: "What Do You Do When You Want to Give Up?" 1 Kings 19:1-18
9:45-10:15	Break
10:15-10:35	Guided Scripture Meditation Video
10:35-10:50	Liturgy: "Weariness, Remembering, & Rest"
10:50-11:20	Worship Songs
11:20-11:45	Break
11:45-12:30	Lunch
12:30-3:30	Free Time (nap, shop, play games, crafts, walk)
3:30-4:15	Small Group Discussion Questions
4:15-4:45	Worship Songs & Group Prayer Time
4:45-5:00	Closing & Dismissal
5:30	Dinner

